

**kabaḷīkārāhāro**  
Physical nutriment

**Phasso āhāro**  
Contact as nutriment

**Manosañcetanāhāro**  
Mental volition as nutriment

**Viññāṇāhāro**  
Consciousness as nutriment

**“asubhe subha”nti vipallāso**  
the perversion that there is  
fair in the foul

**“dukkhe sukha”nti vipallāso**  
the perversion that there is  
pleasure in the painful

**“anattani attā”ti vipallāso**  
the perversion that there is self in  
the not-self

**“anicce nicca”nti vipallāso**  
the perversion that there is permanence in  
the impermanent

**kāmupādānaṃ**  
clinging to sensual-desire

**sīlabbatupādānaṃ**  
virtue-and-duty clinging

**diṭṭhupādānaṃ**  
view clinging

**attavādupādānaṃ**  
self-theory clinging

**kāmayogo**  
the bond of sensual desires

**bhavayogo**  
the bond of existence

**diṭṭhiyogo**  
the bond of views

**avijjāyogo**  
the bond of ignorance

**abhijjhākāyagantho**  
the body-tie of covetousness

**Byāpādo kāyagantho**  
the body-tie of ill will

**parāmāsakāyagantho**  
the body-tie of misapprehension

**idaṃsaccābhiniveso kāyagantho**  
the body-tie of insistence that this is truth

**kāmāsavo**  
the taint of sensual desires

**bhavāsavo**  
the taint of existence

**diṭṭhāsavo**  
the taint of views

**avijjāsavo**  
the taint of ignorance

**kāmogho**  
the flood of sensual desires

**bhavogho**  
the flood of existence

**diṭṭhogho**  
the flood of views

**avijjogho**  
the flood of ignorance

**rāgasallaṃ**  
the barb of lust

**dosasallaṃ**  
the barb of hate

**diṭṭhisallaṃ**  
the barb of views

**mohasallaṃ**  
the barb of delusion

**rūpūpagā viññāṇaṭṭhiti**  
form as steadying-point for  
consciousness passing on

**vedanūpagā viññāṇaṭṭhiti**  
feeling as steadying-point for  
consciousness passing on

**saññūpagā viññāṇaṭṭhiti**  
perception as steadying-point for  
consciousness passing on

**saṅkhārūpagā viññāṇaṭṭhiti**  
volitional formations as steadying-point for  
consciousness passing on

**chandā agatigamaṇaṃ**  
going a bad way through will

**dosā agatigamaṇaṃ**  
going a bad way through hate

**bhayā agatigamaṇaṃ**  
going a bad way through fear

**mohā agatigamaṇaṃ**  
going a bad way through delusion

Birth  
Pain ( Dukka)

Ageing  
Sadness(domanassa)

Sickness  
Sorrow ( Soka)

Death  
Lamentation(parideva)

Distress

Separation from what is pleasing

Union with what is displeasing

not getting what one wants